

# WISE News

ADVOCACY, LEADERSHIP & INNOVATIVE SERVICES FOR OLDER ADULTS & CAREGIVERS

## Introducing Allamary Moore, Director, WISE Adult Day Center



Meet Allamary (Mary) Moore, PsyD, Gerontologist and Certified Dementia Practitioner, our new Director of WISE & Healthy Aging's Adult Day Center.

With 15 years of experience working with individuals affected by neurodevelopmental disorders and neurological conditions, Dr. Moore brings a great passion for serving older adults, that started with her own family.

"When both my grandmother's developed dementia, I had to become an advocate and help my parents deal with their mothers' cognitive changes," said Dr. Moore. "In both my work and personal experience, I've had to think outside the box, be strategic and find the solutions that would help provide the best experience for my loved ones and my clients. I look forward to using those skills to help families navigate our Adult Day program and get the most from the continuum of care and services provided at WISE."

Prior to joining the ADC team, Dr. Moore was an RCFE (Residential Care for the Elderly) administrator at a memory care assisted living community. Before finding her calling in elder care, she spent several years overseeing program development and behavioral therapy for children and families affected by a variety of intellectual disabilities.

Dr. Moore is a native New Yorker but fell in love with Los Angeles after attending Pepperdine. When she isn't working, she enjoys baking, playing darts and taking road trips with her husband and two children.

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**We Take Care of You Like Family**

**WISE & Healthy Aging  
Adult Day Center**

English & Spanish

1527 4th St., 2nd Floor  
Santa Monica, CA 90401



Supportive, enjoyable  
and stimulating activities,  
customized for older adults  
with memory loss by our  
trained and caring staff.

For information,  
call: (310) 394-9871

**We Take Care of You Like Family**

## Meet Long-Time Clients, Antonia and Isidro and Hear What Their Family Caregivers Say . . .

### ANTONIA



Antonia has spent the last four of her 98 years coming to WISE & Healthy Aging's Adult Day Center (ADC). Originally from Greece, Antonia lives with her daughter, Elenie, in Santa Monica. Her daughter, a teacher, brought her to the WISE ADC, when Antonia could no longer be home alone. Elenie says WISE is one of the main reasons that she loves living in Santa Monica.

She says her mother feels like she matters when she comes to WISE and loves to share stories about the day's events when she comes home. "She may not always say it, but I can tell by her facial expressions how much she appreciates it, I can see it in her smile."

### ISIDRO

Long-time Santa Monica resident, Isidro, is 84-years old and living with his daughter, Carla. After retiring, he experienced the devastating loss of his wife and was hit yet again when he received a diagnosis of Alzheimer's disease. Carla was worried about what the future might look like for her father and did not know whether she would be able to continue working. Then, about seven years ago, she discovered the WISE ADC, where her father could enjoy his day and be well cared for. Carla says the ADC has given her father "purpose after retirement and loss," and that he never has a bad day when he comes to WISE.



[Visit our website](#)

**Fun Days at the WISE Adult Day Center**





Whether it's Carnival Day (complete with Carousel Derby, photo booth and games), Caregiver Appreciation Day or dancing with Irby, the Adult Day Center is buzzing with activity. For a complementary sample day, call: 310-394-9871.

## Day Tripping



Looking to get away, but not that far? Then check out a couple of the upcoming day excursions we're currently offering.



### Claremont Village Autumn Arts & Crafts Faire

Oct. 22, 2022 - Day Excursion  
Claremont Village Autumn Arts & Crafts Faire With Botanical Gardens & Included Sweet Treat



### Santa Barbara Shopping and Sweet Treats

Nov. 13, 2022 - Day Excursion  
Downtown Shopping on State Street Promenade with Santa Barbara Arts & Crafts Show

[View All  
Trips](#)



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