

WISE News

ADVOCACY, LEADERSHIP & INNOVATIVE SERVICES FOR OLDER ADULTS & CAREGIVERS

Introducing Tabatha Sabastian, Program Director LTC Ombudsman Program for San Bernardino County



Meet Tabatha Sabastian, MA, Psy, (pictured left) the new Program Director of our Long-Term Care Ombudsman Program for San Bernardino County.

A seasoned advocate, Tabatha brings more than 20 years of experience in the Behavioral Health, Adult Services, and Child Welfare sectors to her new role.

"I'm excited to be part of the WISE & Healthy Aging ombudsman team," says Tabatha. "Their long history of advocating on behalf of vulnerable older adults, reflects my own passion around being an agent of care and guidance for those individuals who are unable to advocate for themselves."

Tabatha began her career as an Adult Protective Services Social Worker providing community outreach, coordination of services, and investigating abuse and neglect of vulnerable older adult populations. Over the years, she has developed and implemented Crisis Intervention and Family Supports Systems curricula for children, families, and older adults in both Riverside and San Bernardino counties.

In her free time, Tabatha enjoys spending time with her husband and children, whether it's camping, hiking or just watching Netflix.

SOFI Stadium Tour and Dine Returns on September 22

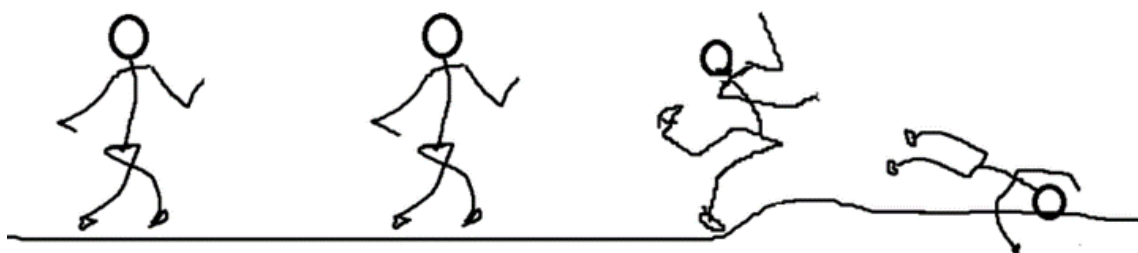


IT'S BACK! Club WISE invites you to join us for a truly memorable SOFI Stadium Tour & Dine experience on Thursday, September 22. You'll get to enjoy a private Club WISE lunch followed by a one hour guided tour with behind the scenes access to the SOFI stadium. After that you can show your stuff on the field with some fun football activities.

Reserve Your
Spot!

THIS DOESN'T HAVE TO BE YOU!

Join our Falls Prevention Celebration, Sept. 30



Friday, September 30, 2022 from 10-11:30 a.m.

September is Fall Prevention Month! If you or someone you know is at risk for falling, you are invited to attend our **FREE** Falls Prevention Celebration on Friday, September 30! Most falls can be prevented and we want to celebrate by showing you how!

Led by Miriam Caiden, MSG PhD, an educational gerontologist at WISE & Healthy Aging, all attendees will be provided a personalized fall risk assessment and learn practical ways to avoid falls, both in and outside

the home. Dr. Caiden will also teach fun, easy exercises to help reduce the risk of falls in the first place.

Learn
More

Looking For Adventure(s)?



If you are looking to see the world or explore places a little closer to home, our WISE Adventures program offers a variety of international, US-based and local trips for you to choose from. All trips are curated with reputable, bonded, and insured tour companies. Here are just a few of our latest offerings:



Holland Windmills, Waterways & Tulips River Cruise

April 26, 2023 - 10-Day Excursion
Featuring Amsterdam and 7 nights
aboard the Amadeus Queen



Ancient Wonders Egypt & Nile River Cruise

Feb. 16, 2023 - 10-day Excursion
Includes 4-night Nile Cruise
Aboard a Five Star MS Acamar



King of the Missions & Top Gun Pie

Sept. 14, 2022 - Day Excursion
With buffet lunch at Mission San
Luis Rey & Included Pie Treat



Death Valley Splendor

Nov. 1, 2022 - 2-Night Excursion
Includes a 2-night stay at the
Ranch at Death Valley

View All
Trips



WISE & Healthy Aging, a non-profit, community-based social service organization, advances the dignity and quality of life of older adults through leadership, advocacy and high-quality, innovative services.

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