



CARING FOR A LOVED ONE IS HARD. DON'T DO IT ALONE.

Join our Caregivers Support Group



Get mutual support and help

Learn about available resources and programs

Reduce Caregiver stress

Share and listen to individual Caregiver experiences

"Find comfort in the company of others who understand your journey." - Unknown

The Peer Counseling Program at WISE now offers an in-person Caregiver Support Group. If you are looking for a safe, confidential space where you can share the ups and downs of caring for your loved one, you will find it here.

This in-person group meets on the 1st and 3rd Wednesday of the month.

**To reserve your place in this support group, please call:
(310) 394-9871, ext. 289**