Monday	Tuesday	Wednesday	Thursday	Friday
DINER CLOSED	2 Mediterranean Chicken Roasted Veggies Brown Rice Pilaf Pita Bread w/ Hummus Lentil Salad w/ Cucumbers Vinaigrette Dressing Fresh Fruit Milk	3 Roasted Turkey Breast Butternut Squash Whole Grain Stuffing Green Peas w/ Mushrooms Fresh Fruit Lemon Pudding Milk	4 Baked Fish w/ Dijon Sauce Herbs Roasted Potatoes Cauliflower Coleslaw Whole Grain Roll Fresh Fruit Milk	5 Beef Fajita Pinto Beans Spanish Brown Rice Green Salad w/ Cilantro Dressing Warm Flour Tortilla Fresh Fruit Milk
8 Chicken Dijon Rosemary Mashed Potatoes & Carrots Chopped Salad w/ Vinaigrette Dressing Whole Grain Roll Fresh Fruit Milk	9 Stuffed Bell Pepper Mixed Veggies Romaine Salad w/ 1000 Island Dressing Whole Grain Roll Fresh Fruit Gelatin w/ Yogurt Orange Juice Milk	Vegetable Frittata Lima Beans & Corn Spinach, Shredded Cabbage, Brussel Sprouts Salad w/ Ranch Dressing Whole Grain Roll Fresh Fruit Milk	Korean BBQ Zucchini w/ Sesame Seeds Herbed Brown Rice Broccoli Salad Fresh Fruit Milk	Fish & Chips Roasted Sweet Potato Wedges Peas & Carrots Coleslaw Whole Grain Roll Fresh Fruit Milk
Turkey Stirfry Brown Rice Cabbage, Cucumber, Radish Salad w/ Sesame Dressing Fresh Fruit Tapioca Pudding Milk	16 Meatloaf w/ Gravy Garlic Mashed Potatoes Green Beans French Dressing Fresh Fruit Milk	17 Caribbean Chicken Broccoli Brown Rice Pilaf Carrot, Bell Pepper, & Celery Salad Fresh Fruit Milk	18 Fish Taco Pinto Beans Corn Chopped Mixed Salad w/ Ranch Dressing Warm Corn Tortilla Fresh Fruit Milk	19 Beef Bolognese w/ Penne Pasta Herbed Zucchini & Yellow Squash Cauliflower Caesar Salad Whole Grain Roll Fresh Fruit Orange Juice Milk
Southwest Shredded Chicken Pinto Beans Yellow Squash Warm Corn Tortilla Spinach Salad w/ 1000 Island Dressing Fresh Fruit Milk	23 Shepherd's Pie Carrots & Corn Whole Grain Roll Mixed Salad w/ French Dressing Fresh Fruit Milk	24 Baked Fish Almandine Green Beans w/ Herbs Barley w/ Herbs Coleslaw Yogurt Parfait Milk	Chicken Adobo Green Peas Brown Rice Mesclun Salad w/ Garbanzo Beans Ranch Dressing Fresh Fruit Milk	26 Garden Vegetable Lasagna Broccoli Whole Grain Roll Caesar Salad Fresh Fruit Milk
29 Baked Pollock w/ Lemon Sauce Brown Rice Mixed Veggies Broccoli Salad Whole Grain Roll Cinnamon Applesauce Milk	Cashew Chicken Green Peas Beet & Mandarin Orange Salad Fresh Fruit Milk			MENU IS SUBJECT TO CHANGE WITHOUT NOTICE