

# WISE Adult Day Services & alzheimer's association™

presents

## Caregiver Support Groups

We offer information and referral to community resources for those caring for a family member with the health conditions of Alzheimer's, dementia, Parkinson's or a stroke.

**Location:** WISE Adult Day Service Center  
1527 4th St., 2nd Floor, Santa Monica, CA 90401

**Contact:** Frankie Aggers - Group Facilitator  
**(310) 394-9871**

### **First and Third Thursdays**

10:30 a.m. - Noon

*Led by Frankie Aggers*

*Director, Adult Day Services*

Complimentary respite provided

### **Second and Fourth Tuesdays**

5:00 p.m. - 6:30 p.m.

*Led by Priya Patel, MA*

Complimentary respite provided

Group session fees are on a sliding scale

*Please see reverse side for dates*



*WISE & Healthy Aging enhances the independence, dignity and quality of life of older adults through leadership, advocacy and innovative services.*

## **Jan. 2012**

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**Thursday  
January 5**

Caregiver Support Group  
*respite available*  
10:30 a.m. – Noon

**Tuesday  
January 10**

Caregiver Support Group  
*respite available*  
5 – 6:30 p.m.

**Thursday  
January 19**

Caregiver Support Group  
*respite available*  
10:30 a.m. – Noon

**Tuesday  
January 24**

Caregiver Support Group  
*respite available*  
5 – 6:30 p.m.

## **Feb. 2012**

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**Thursday  
February 2**

Caregiver Support Group  
*respite available*  
10:30 a.m. – Noon

**Tuesday  
February 14**

Caregiver Support Group  
*respite available*  
5 – 6:30 p.m.

**Thursday  
February 16**

Caregiver Support Group  
*respite available*  
10:30 a.m. – Noon

**Tuesday  
February 28**

Caregiver Support Group  
*respite available*  
5 – 6:30 p.m.

## **March 2012**

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**Thursday  
March 1**

Caregiver Support Group  
*respite available*  
10:30 a.m. – Noon

**Tuesday  
March 13**

Caregiver Support Group  
*respite available*  
5 – 6:30 p.m.

**Thursday  
March 15**

Caregiver Support Group  
*respite available*  
10:30 a.m. – Noon

**Tuesday  
March 27**

Caregiver Support Group  
*respite available*  
5 – 6:30 p.m.