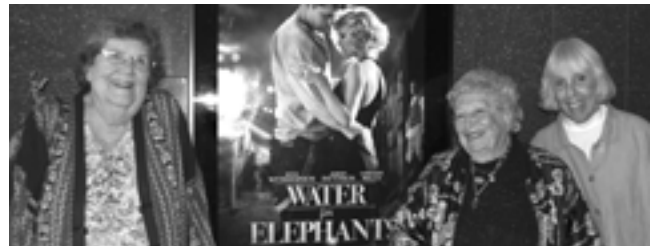


Fall 2011

Volunteer Recognition: Movie & Prizes



WISE & Healthy Aging's Annual Volunteer Recognition movie event featured the movie *Water for Elephants* on April 23, 2011 in Santa Monica. In addition to the movie and refreshments, free raffle prize drawings and giveaways made the day a hit!

LA County Salutes Outstanding Volunteers

Rose Kaufman and Barry Seid were honored on May 23, 2011 at the Los Angeles County Annual Older Americans Recognition Day event held at the Dorothy Chandler Pavilion.



Rose Kaufman

Rose has volunteered for more than 58 years. She most recently serves on the Emeritus College Executive Council and the WISE & Healthy Aging Community Advisory Council.

Barry has been volunteering through the RSVP Program at WISE & Healthy Aging since 1998 and now serves as district coordinator for the AARP Tax Aide Program. He also serves on the Santa Monica Older Adult Task Force and the Advisory Council of WISE & Healthy Aging.



Barry Seid

Volunteer Receives Award for Counseling

Steve Miller volunteers every week at WISE & Healthy Aging in Santa Monica providing free counseling to Medicare beneficiaries. He was recently honored at a recognition event by the nonprofit Center for Health Care Rights for his extraordinary work in the Health Insurance Counseling and Advocacy Program (HICAP).

The HICAP Advocacy Award is given to individuals who provide outstanding service to those with questions about the intricacies of Medicare, Medigap insurance, long-term care insurance or Medicare Part D drug coverage.



Steve Miller with HICAP Program Manager Sandy Risdon (L) and WISE & Healthy Aging Volunteer Services Director Gayle Gilbert-Hamerling at the June 15, 2011 HICAP Volunteer Counselor Recognition Event in Burbank.

A Message From Gayle



I hope you had a wonderful summer and had the opportunity to travel, visit family and friends and enjoy the beautiful weather. This was a special summer for me. My son got married and I had the opportunity to travel to Greece where my daughter was studying abroad!

As summer comes to a close, I need to bring you up to date on the RSVP program, which has been under much scrutiny, based upon federal government budget cuts. I am sorry to report that the fate of RSVP as a national program is uncertain. Some members of the House and Senate are questioning continued funding for Senior Corps which oversees the RSVP program.

Until there is agreement in Congress on the budget restrictions, we will not know the actual impact to Senior Corps and RSVP. Although WISE & Healthy Aging has made some painful cuts to the program, we remain optimistic and committed to remaining a RSVP sponsor.

WISE & Healthy Aging and the National Corporation has just entered an agreement to extend funding until March 31, 2011, though with decreased funding (not Dec. 31 which was noted in a recent letter). We are hopeful that by that time a new budget will be agreed upon, some of the cuts will be restored. Updates will be provided

as information is available. We will continue to provide volunteer insurance through the RSVP program.

Thank you for reporting your hours every month! We need to show the great work that you do in the community!

As an RSVP site, we are required to complete an annual survey of our volunteers. A survey is enclosed. Return your completed survey to us by Oct. 26, you will be entered in a prize drawing! The drawing takes place on Nov. 1 and prizes include gift cards to local restaurants. Winners will be notified and your name will appear in the next RSVP newsletter. Thank you in advance for taking a few minutes to complete this important survey. Your feedback is valued.

I am sorry to share that Myra Aquino, RSVP coordinator has left the organization after three and a half years of service. She will be greatly missed and we wish her well in her future endeavors.

We appreciate the commitment and support of our RSVP volunteers who have for decades provided countless hours of skill and talents to improve our community. Thank you for giving of yourself and making a difference in the lives of others. I am excited about our continued work together.

Best,

Gayle Gilbert-Hamerling
Director of Volunteer Services/RSVP

Give the Gift of Your Time and Experience – Volunteer

WISE & Healthy Aging represents more than 40 agencies with a wide variety of volunteer opportunities. The following are only a few of the many volunteer positions available:

WISE Connections

A membership program to help older adults remain in their homes. Tasks include grocery shopping, pet care, gardening, or handyman to help members and assistance in the offices. New and interesting volunteer opportunities arise to meet each member's needs. Located within Santa Monica and the Westside. For more information go to: www.wisecconnections.net, or call (310) 829-5699.

Peer Counseling

Trained WISE & Healthy Aging volunteer peer counselors age 55-plus provide individual counseling and facilitate weekly support groups. Counselors assist in dealing with emotional issues that often arise as part of the aging process such as loss, ill health, retirement, and other changes. Retired psychotherapists, social workers, and teachers are especially encouraged to apply.



St. Joseph Center Thrift Store

Volunteers wanted to assist with sorting and organizing donations, creating displays, and pricing items. The Thrift Store supports St. Josephs Center's mission to provide working poor families, as well as homeless men, women and children of all ages, with the inner resources to become productive, stable and self-supporting members of the community.

Veterans Home of California, West Los Angeles

Volunteers are requested to assist residents in a variety of activities including: community outings, educational activities, physical exercise and gardening classes, creative arts and music and socialization. Through a variety of meaningful activities, volunteers assist the continuous improvement of veteran resident's quality of life.



WISE & HEALTHY AGING

WISE connections

YOUR NEIGHBORHOOD RESOURCE FOR AGING WELL

If you are interested in these, or other opportunities, please contact Volunteer Services/RSVP at WISE & Healthy Aging, (310) 394-9871, ext. 450

Welcome New Volunteers!

Jennifer Aldridge	Kenadi Le
Abbe Anderson	Ida Manuel-Stovall
Solange Bourjolly	Leiza Mendez
Jordi Daley	Ashley Morris
Pearl Garber	Esther Passey
Sahndra Graham	Alisha Pearce
Tanya Gutierrez	Shirley Satkin
Karen Hudson	Anita Sobol
Elizabeth Kono	Marvin Thompson
Brett Walsh	

Support WISE & Healthy Aging

... and get center section seating on Saturday, Oct 22, 2011

Cirque du Soleil "Iris"
New at the Kodak Theater in Hollywood!

Limited tickets

Call: (310) 394-9871



Transportation and Mobility Program

Mobility Classes

(Transportation, Pedestrian Safety & Senior ID)

October 19, 2011	1 p.m. to 3 p.m.
November 16, 2011	1 p.m. to 3 p.m.
December 14, 2011	1 p.m. to 3 p.m.

AARP Driver Safety Classes

October 11 & 13, 2011 9 a.m. to 1:30 p.m.

This three-year certificate class may qualify you for auto insurance discount – call your insurance company.

November 9, 2011* 9 a.m. to 1:30 p.m.

**Refresher class is available to those who have completed the 2-session AARP Safety Class within the last three years.*

Our Driving Simulator is Back!

Free! Test your driving skills in private. A confidential evaluation is done by appointment only. Find out your reaction and braking time in a fun environment. Call (310) 394-9871 ext. 455

Door-Through-Door Transportation

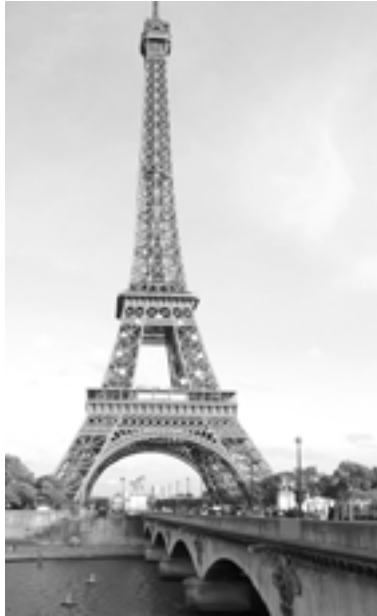
Need additional assistance due to mobility issues, service has been expanded to: **Monday - Friday 8:30 a.m. - 4:30 p.m.** Please call: (310) 394-9871 ext. 455

WISE & Healthy Aging

WISE & Healthy Aging, a social services organization, enhances the independence, dignity and quality of life of older adults through leadership, advocacy and innovative services. This nonprofit is the result of a November 2007 merger of WISE Senior Services and Center for Healthy Aging. Each organization served the community for more than three decades prior to the merger, earning national reputation for innovative and effective programs and services.

(310) 394-9871

Barcelona & Paris



March 20 - 28, 2012

Includes:

- 2 Nights in Arles and TGV Train to Paris
- Tour of Provence and Avignon
- Roundtrip Airfare from LAX
- First Class Hotels
- 10 Meals
- Motorcoach Transportation
- Professional Tour Director
- Admissions per Itinerary
- Baggage Handling and more ...

**\$3,299 (per person, based on double)
\$675 single supplement
\$100 Early Booking Discount!**

Free Slide Show and Information Meeting

Saturday, Oct. 22, 2011 - 2 pm

Ken Edwards Center, 1527 4th St, Santa Monica

Call for more information or to RSVP, (310) 394-9871, or go to: www.wiseandhealthyaging.org.

WISE
& *Healthy Aging*

1527 4th Street, 2nd Floor
Santa Monica, CA 90401

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